Dr. Nanda Gopinath, M.D., F.R.C.P.(C) Gastroenterology & Internal Medicine

Medicine Professional Corporation

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GASTROSCOPY APPOINTMENT:

Date and time:

Registration:

Please go FIRST to Admitting Dept (Main Floor) to Register, then to Endoscopy Toronto East General Hospital, 825 Coxwell Ave, Toronto

(the closest entrance is the main one, off Coxwell Ave.)

You must call my office at least 7 days ahead of time to confirm you will come for the test. If we don't hear from you, we will cancel your test, and leave a message at your telephone number.

PREPARATION:

On Day of Test:

- No solid food after midnight.
- You can have water or apple juice until 3 hours before the test - but no milk.
- Take all your usual medications (but no diabetic meds).
- Bring this note with you and your valid OHIP card.
- Please leave a message at the office 416-463-6053 if you are delayed or have to cancel (messages can be left 24 hours).
- Bring a book to read if you wish as your test may be delayed if there are emergency cases.

AFTER THE TEST:



- You cannot drive home after the test (because of the sedation used) and cannot drive until the following morning. Please have someone pick you up (the hospital mandates that sedated patient must have an escort home)
- You can start eating 1 hour after the test, but avoid fatty food until the next morning (this reduces bloating).
- After the test, I will give you a brief report. The full dictated report takes 4-5 weeks to get typed by the hospital and to get to your doctor.
- After the test, in the rare event that you have severe pain, fever, or bleeding please go to the nearest emergency room immediately and show them the report (the office cannot do the needed emergency tests). Call the office from the E.R. Please do not hesitate to ask me or your family doctor if you have any questions about the test.



ORONTO EAST HEALTH NETWORK	
CONSENT FOR OPERATION, DIAGNOSTIC TEST, MEDICAL TREATMENT and BLOOD TRANSFUSION	,
F-745	Patient Label
This form tells you about your rights.	· · · · · · · · · · · · · · · · · · ·
Please read the form.	
Ask about any part you do not understand.	
Be sure you have your questions answered before you sign this form.	
Mhen you sign it, you are giving us permission to do this surgery or procedu	
For Blood Transfusion you are signing to accept/refuse the transfusion or checking one of the options in the box.	that you do not need a blood transfusion after
	give permission for
(Name of patient)	•
Gopinath	
Ooctor(Name of Doctor)	to perform Risks: bleeding > transfusion
Colonoscopy +/- biopsy / polypectomy	perforation → operation sedation missed cancer
(Name of Operation and/or Procedure and/or Treatment, e.g. Blood	
understand that my doctor may need to do extra tests or procedures during that Michael Garron Hospital is a teaching hospital. This means that other do my care under the supervision of my doctor.	ctors, residents and medical students may help in
My doctor or health practitioner has explained my surgery or procedure to me — I understand the reason for my surgery or procedure or treatment a	
— I understand the benefits of my surgery or procedure or treatment a	nd/or blood transfusion
 I understand the possible risks of my surgery or procedure or treatm 	nent and/or blood transfusion
- I understand there is no guarantee of the results	
 I understand the doctor may remove tissue or body parts during this or teaching, it will be disposed of, as the law requires. 	surgery or procedure. If it is not used for lab studio
☐ I consent to receive blood transfusion and/or blood product. ☐ I DO NOT consent to receive a blood transfusion and/or blood product. ☐ I have received the Blood Transfusion Brochure. ☐ Not Applicable means it is not anticipated that I will need blood at the	
Date Signature of Patient/	Substitute Decision Maker

□ Not Applicable means it is not anticipated that I will need blood at this time.

□ Date
□ Signature of Patient/Substitute Decision Maker

□ Relationship of Substitute Decision Maker to Patient
□ Please print name
□ If the patient does not read or understand English this consent must be interpreted for the patient.

□ Signature of Interpreter/ID Number
□ Please Print your Relationship to Patient
□ Page 1 of 2



ANAESTHESIA PRE-ENDO QUESTIONNAIRE



Patient Label

□ none

Weight:	kg/lbs	Height:	cm/ft				
- · · ·	orting the pati	-	ime:	 		Cell Phone N	o:
	.						
Please list an	y medications you	u currently take (prescribed, over-	the-cou	nter, he	rbal):	.,
·		' '					
						· · · · · · · · · · · · · · · · · · ·	
							□ no
Disease list on	y allergies to med	liantiana ar faoti	en e	. :		**	1 15 1 15 1
Please list all	y altergles to med	ilications of 1000:				and the	·
. 4.,		1 (10)	Today or a second	-18,			□ no
Do you or hav	ve you ever had a	ny of the followin	g conditions:	No	Yes	Don't Know	Details
Any possibility	of pregnancy						
High blood pre	ssure						
Heart attack / a	angina						
Atrial fibrillation	n / palpitations				1		
Stroke or mini-	stroke (TIA), Seizu	ıre Disorder					
Diabetes							
Smoking							
Shortness of b	reath						
Asthma							
Chronic Obstru	uctive Pulmonary D	Disease (COPD)					
Recent cough	/ cold / wheezing			_			
Sleep apnea							
Hiatus hernia /	reflux (GERD) / h	eartburn					
Liver problems	or hepatitis						
Kidney probler	ns						
Bleeding tende	encies						
Street drug us	е					·	
Drink any alco	hol (please specify	# of drinks/week)	·				
Communicable	e disease (eg. HIV,	, hepatitis, herpes)					
Artificial body	parts (joints, plates	, implants, contact	lenses)				
Previous react	ion to general ane	sthetics					
Family history	of problems with a	nesthetics					
Diego list es	v pravioue europi	ring or opening m					

<u>Please do not eat or drink any solid food on the day of the procedure</u>. You may have water, clear tea, black coffee, (NO milk or cream), or clear apple juice until 2 hours prior to your scheduled procedure. Do not suck on any hard candy or chew gum at least 2 hour prior to the procedure.

Please take your usual medications with sips of water on the day of surgery with the exception of diabetic medications, and blood thinners. If you take insulin please ask your doctor if you should take any insulin on the day of the procedure.